



## *Timmins Therapeutic Riding Association*

Equine Assisted Therapy for Health & Wellness

1625 Mahoney Road, Timmins ON P4R 0H5

Phone: 705-268-5994

[www.ttra.ca](http://www.ttra.ca)

Serving our community since 1987



## **Safety Rules and Apparel Requirements**

**In preparation for your visit to Rainbow Stables we ask that you review the following safety rules and regulations. This is to ensure a safe and enjoyable experience.**

1. Please wear proper footwear i.e. rubber boots, hiking boots, cowboy boots or sneakers. No sandals or open toe shoes please.
2. Rubber boots are not recommended for winter months.
3. We ask that you wear no jewellery.
4. Long hair is to be tied back.
5. Please keep your cell phones off.
6. Please wear long, well-fitted pants (stretch if possible).
7. Gloves are required in the winter months.
8. We ask that you bring no gum.
9. Please be advised that we are a smoke-free facility.
10. There is a specified snack area provided, away from the horses.
11. Only those registered for a workshop or class may participate in activities on the premises.

Please note that we are a volunteer-based organization and as such we require a prompt start time.

Should you have any questions or concerns please do not hesitate to contact our Event Coordinator, Jean Gibbons.

Jean Gibbons

Phone: 705-262-7182

Email: [jeanhgibbons@gmail.com](mailto:jeanhgibbons@gmail.com)